



TARGET ARCHERY

Our introduction to archery is perfect for beginners or seasoned professionals to test their skills.

Your class will go through the rules of the range and have a full brief on the safety precautions and how the equipment is used to remain safe.

Our coaches will start from the basics of how to hold the bow and how to develop a good archery stance.

After the basics are covered participants will have small competitions or games using their newly acquired skills!

This activity is perfect for improving hand eye co-ordination and working as part of a team.

SUITABLE FOR AGE 7+